

COVID19 SWAB CHECK CALL FROM MOH (MINISTRY OF HEALTH)

CHECKLIST

MOH – Ministry of Health Kuwait have started Random Checks for COVID19 Swab on Residents & have started sending SMS Messages Daily for Testing at the **Drive Thru Testing Center at Al Jazeera Airways Park & Fly Location in Kuwait International Airport.**

This Checklist will help you to organize yourself to undergo the Tests without any Inconvenience.

1. Firstly **DO NOT PANIC. Remain Calm & Collected.** Don't Raise Your Stress Level as this is Only Random Check for All.
2. Immediately Prepare a Back Pack of Essential Items to be taken for the Test
 - **4 Pairs of Clothes.**
 - **4 Sets of Underwear.**
 - **Toiletries – (Toothbrush + Paste + Mouthwash + Sanitary Pads + Body Wash + Facewash + Hand wash + Toilet Paper Roll + Hand soap + Sanitizer + Washing Powder) In some cases you will have to wash Your own Clothes.**
 - **Masks + Gloves.**
 - **Mobile Phone +iPad + Laptop.**
 - **Chargers for the Mobile +iPad + Laptop.**
 - **Wallet / Purse to Include – Kuwait Civil ID + Driving License + Cash Money + Debit Cards.**
 - **Emergency Phone Numbers of Family & Friends.**
 - **Medicines – Panadol + Diabetes Meds + BP Meds + Cholesterol Meds + Vitamin C + Fludrex + Anti Histamine for Allergy meds.**
 - **Prayer Books (Rosary / Holy Books).**
 - **Family Photographs.**
 - **Magazines.**
3. When All the Items are ready in the Back Pack and you are ready to leave Apply for a Curfew Permit eBadge using one of the below Links
 - <https://curfew.paci.gov.kw/ebadge>
 - <https://curfew.paci.gov.kw/request/create>
 - Timings for Checks are 11am-4pm & 8pm – 10pm.

YOU MUST GO FOR THE SWAB TEST ON THE SAME DAY OF THE SMS MESSAGE RECEIVED.

4. Apply for the Curfew Permit 10-15 minutes before you are ready to leave.
5. You have fill in your Kuwait Civil ID Details + Mobile # & Vehicle Car #.
6. Ensure that you have received the Curfew Permit Barcodes on your Mobile. This Bar Code will be scanned by the Police once you are Out of the Home on the Road.
7. **Keep the PACI # of your Residence Detail ready with you. It is an 8 Digit Number available on a Grey Board outside the House.**
8. **In case the Person going for the Test is not able to Drive then Another Person who is able to Drive must apply for a Curfew Permit to accompany the Person Called for the test.**

9. When you go through the **Drive Thru Testing Center** & your Swab is collected, you wait there for further Instructions from the MOH Personnel.
- 10. If you are clear from COVID-19 & Test –VE then you return Home & Go to Sleep.**
- 11. If you test +VE, then you have to follow the Instructions given by the MOH Personnel.**
12. Call & Update your Company Management + Family & Friends & advise them where you are being taken for a Quarantine Period.
13. A Typical Quarantine Period is about 4 Weeks but in some extremely Lucky Cases you can be discharged in about 2-3 Weeks & allowed to go Home.
14. Wishing You All the Very Best & May God Be With You All.